



FALL MENU

SHRIMP AND GRITS

Fresh local shrimp sautéed with bacon, scallions, shiitake mushrooms with hints of garlic and lemon served over Carolina cheese grits.

\$12.99

FISH TACOS

Fresh local fish lightly blackened and seared to perfection, piled high with shaved lettuce, pico de Gallo, fresh cilantro, jack cheese and finished with a house made citrus mayo with your choice of side.

\$11.99

THE HOUSE WRAP

Fresh Tuna or Wahoo salad with shaved lettuce, sliced tomato, avocado and laced with house made citrus sauce with your choice of side.

\$9.99

SMOKED SALMON

House smoked salmon paired with lemon dill sauce, served over kale, chopped broccoli, cauliflower, and sundried cranberry salad dressed with a zesty honey dijon vinaigrette.

\$11.99

SEAFOOD COBB

A blend of lettuce topped with local shrimp and crab meat salad, sliced eggs, scallions, tomato, crisp bacon, pepper jack cheese and sliced avocado and chipotle ranch dressing.

\$12.99

**MENU
AVAILABLE**

**WEDNESDAY -
SATURDAY
11AM-3PM**

www.BlueOceanMarketNC.com